Date

From: Last Name, First Name, MI, Rank, USN

To: SEAL Officer Community Manager (BUPERS-311D)

Via: Commanding Officer, (Your Command)

Subj: REQUEST FOR NAVAL SPECIAL WARFARE PROGRAM

Ref: (a) MILPERSMAN 1210-220

(b) MANMED P-117

Encl: (1) Commanding Officer’s Endorsement Letter

(2) Statement of Understanding

(3) Report of Screening (Physical Screening Test Results)

(4) Resume

(5) Official College Transcript

(6) FITREPs

(7) Letters of Reference

(8) DD2807

(9) DD2808

1. Per reference (a), I volunteer for Naval Special Warfare duty and request assignment to Basic Underwater Demolition/SEAL (BUD/S) training.

2. Based on the results of a medical examination, enclosure (9), and screening results, enclosure (3), I submit my eligibility for BUD/s training. (Include the following if applicable.) I request a waiver to the following requirements: (specify entry requirements that require a waiver.)

3. I understand the nature of Naval Special Warfare duty, and I agree to:

a. Serve on active duty for a period of at least 4 years after SQT graduation (receiving 1130 designator) or until completion of previously acquired minimum obligated service, whichever is greater, subsequent to completion of training, unless released earlier by NAVPERSCOM.

b. Serve the minimum obligated service specified, regardless of whether I retain a Naval Special Warfare qualification for three years.

c. Change my designator to 1180 (Naval Special Warfare Officer Trainee).

FI. MI. Last Name